

# ISSAQUAH HIGHLANDS Connections

July 2003

## Community Association Contact Information

### Association Executive Director

*Vicki Stier*  
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### Association Administrative Assistant

*Mary Birren*  
mbirren@portblakely.com

### Community Information Coordinator

*Oscar Kelley*  
okelley@portblakely.com

### Association Events Coordinator

*Sondi Lind*  
slind@portblakely.com

### Association Accountant

*Jocelyn Johnson*  
jjohnson@portblakely.com  
(206) 225-2316

### Avalon Wynhaven Property Manager

*Lonnie Fein*  
(425) 392-7800

### Street Address

1401 N.E. Park Drive

### Mailing Address

1775 12th Avenue NW, Ste. 101  
Issaquah, Washington 98027

### Phone

(425) 427-8736

### Fax

(425) 427-8050

### Association Office Hours

Monday - Friday  
8:30 A.M. to 5:00 P.M.

### Community Center Marketing Hours

Monday - Friday  
12:00 P.M. to 5:00 P.M.  
Saturday - Sunday  
11:00 A.M. to 6:00 P.M.

[www.IHwebsite.com](http://www.IHwebsite.com)



## Adopt-A-Wetland Program

The Adopt-A-Wetland Program (AAWP) is designed to provide homeowners and local community members, including schools, with opportunities to get involved and learn about wetlands through hands-on wetland activities.

The Issaquah Highlands Adopt-A-Wetland Committee has been created for preservation and maintenance activities to be performed by interested, environmentally concerned homeowners of Issaquah Highlands. It is a tool for ongoing stewardship and protection of Issaquah Highlands Wetlands NF 27/28, a preserved and mitigated wetland.

### Background Information

The Issaquah Highlands NF 27/28 wetland mitigation site is located in Phase 1. Nine wetlands, totaling approximately 2.9 acres, were identified in this area prior to development.

Plants were installed at the mitigation site by end of June, 1998. The mitigation site was then monitored from 1999 to early 2002 according to the mitigation plan. In 2002, a field review by the MDRT's biologist led to a request for revisions to the mitigation plan along with a request for a revision in the monitoring method. Subsequent to this request, additional plants were added to the site in Spring 2003.

### Why Adopt a Wetland?

Wetlands are dynamic environments that are vital to the sustainability of our Pacific Northwest ecosystems.

They are subject to change by both natural processes and human action. Wetlands provide many benefits: they help reduce flooding, sustain stream flow, clean



polluted waters, provide habitat for wildlife, and support biological diversity. An estimated one-third or more of all endangered or threatened species in the United States depend on wetlands for survival. Wetlands provide food and shelter, filling a vital and intricate link in the lives of countless animals, including many

fishes, waterfowl, birds, mammals, and endangered species. A wetland may be small and its loss, in and of itself, may seem insignificant but when considered with the cumulative loss of other wetlands in the area may be great.

### What Do Wetlands Do?

Some functions can be measured or quantified; others are more difficult to measure. Wetlands are an essential component of the environment. They perform functions such as improving water quality by transforming chemicals or trapping sediment or preventing erosion. Wetlands perform a useful, free service in cleaning our waters, but these biological systems can be degraded and destroyed to the point where they are no longer able to perform these functions.

Wetlands also have associated social and economic values.

These values are something the wetland provides to humans. Some functions can also be thought of as values, such as flood control. When wetlands are destroyed, flooding is more prevalent and the costs of

*see WETLANDS on page 2*

these floods can reach up to billions of dollars.

Wetlands protect shorelines from the erosive action of waves. The dense root masses of emergent and woody plants stabilize riverbanks and shorelines. Eroded sediments carried downstream can cloud the water and smother the larvae of fish, and frogs, or reduce the penetration of light needed for aquatic plants.

Wetlands are important for flood control, acting as buffers during spring thaws and heavy rains. Wetlands adjacent to rivers and streams absorb the excess waters of floods and delay its release. By slowly releasing water, wetland basins and their associated vegetation can reduce downstream flooding.

Wetlands trap pollutants and sediment that might otherwise contaminate streams and reservoirs that contain listed species such as Chinook salmon. They can prevent toxins that have been dumped on the ground from seeping into groundwater. Plants are one of the important components of this function. Plants slow down the flow of water allowing silt to settle, and are also able to absorb nutrients and toxins.

Wetlands are important as breeding and spawning grounds for waterfowl, fish, and amphibians. They provide protective cover and food for migrating birds and other wildlife species. Many species of juvenile finfish and shellfish are raised in wetlands before entering lakes and oceans. Aquatic invertebrates, such as snails, and aquatic insects are abundant in wetlands. These invertebrates are essential links in the food web that support waterfowl, mammal, and fish populations.

Wetlands provide a host of recreational and educational activities. They are living classrooms ready to teach lessons in plant and animal

diversity. They are places of scientific research and artistic inspiration. Birders, photographers, musicians, students, hunters, and anglers are all people that have benefited from the natural beauty of wetlands.

### Adopt-A-Wetland Volunteer Activities

The success of the Adopt-A-Wetland Program depends upon the level of commitment and responsibility toward protecting the wetland of the volunteers, and on good organization. The Issaquah Highlands volunteer chairperson is Debby Krassner. The committee currently has eight volunteers, but invites all interested residents to help, as more wetland areas will be developed in Phase II that will require maintenance. Your volunteer participation will help you become more informed about the wetland area and who to contact if pollution or a misinformed party is damaging the wetland.

Volunteer maintenance tasks could include weeding, watering new plants, grass trimming, and bark installation around the bases of all trees and shrubs in all areas of the wetland mitigation site.

If you would like to volunteer, e-mail Debby at [dkrassner@hotmail.com](mailto:dkrassner@hotmail.com) or you may call her at 425-246-3088 for more information.

### Preparers and Contributors

Carol Beck  
Port Blakely Communities, Inc.

Gail Brooks  
BERGER/ABAM Engineers, Inc.

Kirk Hackler  
Osborn Pacific Group Inc.

Keith Fabing  
Keith F. Fabing Inc.

★ JULY COMMUNITY MEETINGS ★

**Parks and Trails Committee**  
Tuesday, July 8, 6:30-8:00 P.M.

**Technology Task Force**  
Wednesday, July 9, 7:00-8:30 P.M.

**Community Development (CDC)**  
Monday, July 14, 11:00 A.M.-1:00 P.M.

**Aquatic Center Task Force**  
Monday, July 14, 6:30-8:00 P.M.

**IH Board of Directors**  
Thursday, July 17, 5:30-6:30 P.M.

**Pets 'n' Pals Committee**  
Monday, July 21, 6:30-8:00 P.M.

**Cottages Board of Directors**  
Thursday, July 24, 6:30-7:30 P.M.

**Communication Committee**  
Monday, July 28, 6:30-8:00 P.M.

**City of Issaquah Parks Board**  
Monday, July 28, 7:00-9:00 P.M.  
South Council Chambers  
135 E. Sunset Way

**City of Issaquah UVDC (Urban Village Development Commission)**  
schedules meetings as required.  
Announcements will be made in the Issaquah Press, and Issaquah Highlands web-blast. More information regarding agendas and meeting minutes may be found at <http://www.ci.issaquah.wa.us/engineering/uvdc.htm/@AGENDA>

Meetings are held at the Community Center on Park Drive unless otherwise noted. All meetings are open. You are welcome to join us!

## Sweet Addition's Goodbye

*Sweet Addition is having to say goodbye to Issaquah Highlands. Their last day of operation is July 31, 2003. We are going to miss the hospitality and attention the staff gave to our community. The neighborhood dogs will especially miss their treats. Sweet Addition will still keep their main store open in Gilman Village.*

*There just hasn't been enough patronage to keep it going. Port Blakely Communities understands the*

*importance of having such an amenity in the first phase and has spent numerous hours and money subsidizing both Remmy's and Sweet Addition.*

*We are actively seeking a new use that can be economically feasible for this location. We welcome any ideas or suggestions you may have. Please contact Vicki Stier at 206-701-0341 or e-mail her at [vstier@portblakely.com](mailto:vstier@portblakely.com)*

## Flag Trivia

- Q** Who cut the American flag into pieces and was honored for doing it?  
**A.** Robert Peary, who left pieces of the flag scattered at the North Pole.
- Q.** Is it ever appropriate to fly the flag upside down?  
**A.** Yes, but only in an emergency. It means "Help me, I am in trouble!"
- Q.** The American flag first flew over a foreign fort in what country?  
**A.** Libya—over Fort Derne, on the shores of Tripoli.
- Q.** A vexillologist is an expert in what?  
**A.** The history of flags.

## Environmentally Sustainable Way of Building

Issaquah Highlands accommodates growth within the region, is environmentally and socially sensitive, aesthetically pleasing, and most importantly sustainable. Issaquah Highlands is “sustainable” because it reduces impacts to the environment while creating a balance of new social forms.

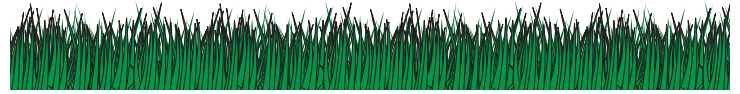
The goal of Issaquah Highlands is to develop a mix of public and private uses that will contribute substantial public open space and required infrastructure, while being responsive to the environmental constraints on portions of the site. This includes steep slopes, seismic hazard areas, landslide and erosion areas, coal mine hazards, wetlands, streams, surface water drainage, surface and groundwater quality, wildlife corridors, flooding, fish resources, and aquatic habitats.

If our cities and towns are to thrive, they will have to be designed for sustainability, reducing impacts to the environment, and reducing resource waste, while balancing new social forms with the environment. The immediate implication of this principle is a smaller more compact urban pattern with new urban technologies that will be less dependent on fossil fuels and rely more on information and careful integration with the environmental process.

How is Issaquah Highlands sustainable? Sustainability suggests different solutions for different places. Our development includes sustainable design and environmental features such as: incorporating public space in its initial phase, establishing a sense of community with small businesses and live-work units, and incorporating transit and shuttle service for a potential new Microsoft campus. In addition, a revolutionary residential fiber-optic network connects the entire community and the Internet. Environmental features include: using recycled on-site building materials such as boulders for the Ashland Park, to crushing rock for our roads and re-using topsoil. Most importantly, we have designed a stormwater system that recharges the aquifer and have specific mitigation measures designed into the project to minimize cumulative impacts to listed species and critical habitat.

Share this with others as you have an environmentally sustainable community to be very proud of.

## FROM THE GROUND UP Easy Steps to a Healthy Lawn



In warm weather your lawn becomes a whole new space for you to enjoy. Whether for ballgames, cookouts or lounging with family and friends, a healthy lawn invites to you jump in and participate.

The good news is, you don't have to be a lawn care expert to have a healthy lawn. The trick is to work with Mother Nature to create the right conditions for your grass to thrive.

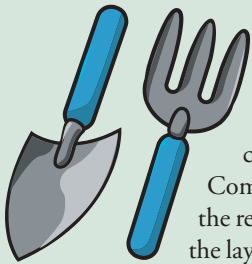
Your lawn care goal should be to prevent problems so you don't have to treat them to make your lawn healthy enough to stop most weeds, survive most insect attacks and fend off most diseases...before these problems get the upper hand.

Keeping in mind your local conditions, like average rainfall and soil type, a preventive health care program for your lawn should include the following steps:

- **Mow High, Mow Often and Use Sharp Blades** – Many turfs are healthiest at 2 ½ to 3 ½ inches. Sharp mower blades prevent tearing and injuring the grass.
- **Water Deeply But Not Too Often** – Water only when the lawn needs it, then water slowly and deeply to encourage deep roots.
- **Correct Thatch Build-Up** – Thatch (dead plant material between the blades of grass and soil) deeper than ½ inch prevents water and nutrients from reaching the soil and roots.

That's it – just follow these easy, but important, steps to a healthy lawn and you and your family will thoroughly enjoy the rewards.

## Issaquah Highlands Community Gardening



Next spring will be the first of community gardening opportunities at Issaquah Highlands. An area has been selected under the First Bonneville tower, north of Park Drive, with land grading to commence this summer. Now is the time for our Community Gardening Program to get organized, as the residents of this Committee need to get involved in the layout, irrigation and power needs as this area is currently being developed.

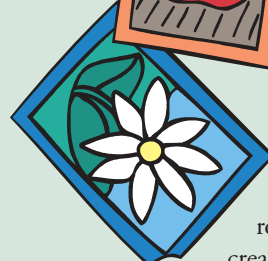
**We need to organize the volunteer community gardening committee now.** Please contact Vicki Stier, Executive Director at [vstier@portblakely.com](mailto:vstier@portblakely.com) or 206-701-0351 to sign up and lead this group from the “ground” up.

The community gardening program will provide a friendly, attractive gathering spot where neighbors grow fresh produce and flowers. The garden also will provide a way to give back to the community as we hope many of your participants will share with friends or donate fresh produce to the local food bank.



This program helps to:

- build community
- foster neighborhood pride through involvement, teamwork and beautification
  - make a connection between generations working side by side
- provide recreation
- increase public open space
- promote environmental stewardship
- create wildlife habitat
- produce an abundance of delicious and nutritious produce



The Issaquah Highlands community gardens will be cultivated with organic gardening methods, soil building to improve fertility and operate year-round. We look forward to your participation for the creation of the first Issaquah Highlands Community Garden.

# ★ C A L E N D A R O F E V

## Create AND Paint-Your-Own Pottery!

Tuesday, July 1<sup>st</sup> and 8<sup>th</sup> 6:30 - 8:00 P.M.

Construction Trailer

*\$30/student for 2 classes*

Have fun and express your creativity with hand-built pottery. Students will learn how to handle and store clay, use clay tools, and various hand-building techniques. The first week, students will choose one project to complete (pinch pot or coil vase). The second week, students will glaze their piece. Pieces will then be fired for later pick-up. Learn, have fun, and make a great gift or keepsake! Class open to all ages and all levels of experience.

## Yoga with Lynn Mc Glone

Every Monday 7:30 - 8:45 A.M.

Community Center

*\$48 for 4 weeks, drop-ins welcome but registration required*

This will be a beginning level class in the Anusara style. All props and materials will be provided. All you need to do is show up. It is best to wear something comfortable—leggings or shorts work very well. Please contact Lynn at 425-868-9058 prior to class participation!

**New Time!**

## Mommy and Me

### Issaquah Community Center Toddler Playtime

Every Monday and Friday 10:00 - 11:45 A.M.

301 Rainier Blvd. S.

Meet in the gym around 10:00 A.M. and join other moms to watch your children have a blast with all the toys! Toddler area is designed for ages 1-3, although those younger are welcome to attend. Cost \$2 per toddler.

## Spiritual Discussion/Bible Discovery Group

Monday, July 7<sup>th</sup> and July 21<sup>st</sup> 6:30 - 8:00 P.M.

Avalon Wynhaven's Clubhouse

*For more information please contact:*

*Barry Odom at [barry@eastsidemosaic.com](mailto:barry@eastsidemosaic.com) or 557-0087*

Is faith relevant anymore? Come to a place for discussion and new friendships.

Together, we'll explore what the Bible might say about real life issues like parenting, marriage, relationships, facing our fears, the marketplace and the future. The group can also deal with tough questions like, why does evil exist? How do we know God is real? Refreshments provided. No childcare available.

## Children's Story Time—New Time, New Location!

Every Tuesday 12:00 P.M.

Gazebo next to Sweet Addition

Kids! This is your time to gather with friends and listen to some terrific stories read aloud by Gina and some of our other community parents! Moms and dads, this is your time to relax and get to know some of the other parents in your community. Bring a sack lunch if you'd like. All ages welcome.

## Basketball Fun at Fire House Park

Every Wednesday 6:30 P.M.

Come join your friends and neighbors for a casual game of hoops at our neighborhood basketball court. Depending on the turnout we can play one-on-one or form teams! This is a great way to meet new people in your community as well as a fun way to spend a warm summer evening!

## Mommy and Me Playgroup

Every Thursday 10:30 A.M. - 12:30 P.M.

*RSVP to Sarah at 427-1924 or [sarah@dalees.com](mailto:sarah@dalees.com)*

Sarah Lee is hosting this month's playgroup—1902 NE Killian Lane. Parents (including Dad!!) interested in attending are welcome to join us in a time of conversation, networking, and building new friendships in the community.

Not sure what playgroup is? Call us and find out!

## July 4<sup>th</sup> Celebration in Ashland Park

Kids Parade 1:30 P.M.

Concert in the Park 2:00 - 5:00 P.M.

Calling all kids! Bring the family down to Ashland Park to celebrate America's birthday with your friends and neighbors. We will have our 4<sup>th</sup> of July kids' parade as well as a concert in the park featuring the classic rock-n-roll sounds of *Second Chance*. Kids—decorate those bikes, wagons, pets and anything else you may want to include in the parade and be ready to parade your stuff at 1:30 P.M. The Party wagon will be on-site with old-fashioned BBQ'd hot dogs and hamburgers, chips, drinks and ice cream!

## Investment Club

Saturday, July 5<sup>th</sup> and July 19<sup>th</sup> 8:00 A.M.

Community Center

*RSVP to Scott Harrison at 427-5500 or [harrison@fiberavenue.com](mailto:harrison@fiberavenue.com).*

All Issaquah Highlands' neighbors are invited! On the first and third Saturday each month, the Investment Club will meet over coffee and doughnuts to discuss investing in stocks, bonds and mutual funds. The objective is to learn about investing wisely, to benefit from the knowledge and experience of others, to meet new friends and neighbors, and perhaps to make a few bucks as well!

## Bunko Night for Women

Monday, July 7<sup>th</sup> 7:00 P.M.

*RSVP to Holly at 369-9133 or [holly@raissi.com](mailto:holly@raissi.com).*

It's time to roll the dice! Bunko is a social dice game played in multiples of 4 and at least 12 participants. This is a great opportunity to get out for a social evening with other women in your community. There are a few seats left. Please contact Holly and plan on giving Bunko a try—it's great fun!

## Eat Cheap and Eat Right

Thursday, July 10<sup>th</sup> 7:00 - 8:30 P.M.

Community Center

Is your energy low? Are you tired all the time? Are your days full of work and no play? Do you come home and wonder where to start? You want to eat healthy, you want to be healthy, but you never have the time! Well, now is your chance to make the time! Make the time for yourself! Life is meant to be lived! Your body is a complex machine that requires the right amount of nutrition in order to survive. Join us tonight and learn important keys to your diet. Share in the knowledge of Dr. Ladd Carlston D.C. of Total Body Wellness. Dr. Carlston will be focusing on the importance of a balanced diet and how a poor diet is completely destructive to your health. He will also be giving quick and healthy meal plans to make healthy eating easy!

## Free Overview to Yoga

Saturday, July 12<sup>th</sup> 9:00 - 10:30 A.M.

Community Center

This class will provide a brief discussion on the different styles of yoga. We will explore a variety of poses and see why yoga has become so popular in recent years. The instructor will provide all materials. Just come on an empty stomach and wearing flexible clothing. Please contact Lynn with Yoga for Heart at 425-868-9058 for more information!

## Mommy and Me July Family BBQ

Saturday, July 12<sup>th</sup> 4:30 P.M.

Firehouse Park

*RSVP to Renee Zimmerman at 369-2919 or [zimmerman@isomedia.com](mailto:zimmerman@isomedia.com) by July 9<sup>th</sup>*

It's time to meet the whole family! The Mommy & Me group announces a family BBQ to meet your neighbors and your neighbors' children.

Event is by RSVP only. Please bring your own BBQ food and one side dish, salad, or dessert to share. (Please specify when RSVP-ing).

## An Evening With Washington Wine

Saturday, July 12<sup>th</sup> 7:30 P.M.

Community Center

*Cost is \$50.00 per person, please RSVP by Wednesday, July 9<sup>th</sup>*

Attention all wine lovers! Don't miss this rare opportunity to taste Washington's premier boutique wines. Come and join this group tasting and learn about Washington's wine history, tasting technique, how wine is made, and why you should drink wine. It is uncommon to have all the best wines showcased in one tasting and this will be a unique opportunity to try wines that are not readily available in stores. Come and join us for a fun evening with like-minded lovers of good wine. Reserve early, only 14 seats available!!

## Spa Party—Natural Body Care

Tuesday, July 15<sup>th</sup> 7:00 P.M.

Community Center

People are discovering that spas—with soft music, their healing aromas, and renewing skin treatments—are bringing balance to their otherwise hectic lives. Natural Body Care produces affordable spa products that use active plant and flower extracts to promote health and individual beauty. Learn how to capture that "fresh from the spa" feeling in your own home. Come, relax and enjoy a soothing foot treatment! Don't miss out on the fun. Put yourself on your to-do list!

## Basketball Clinic for Kids—"The Way To Win"

Wednesday July 16<sup>th</sup> 1<sup>st</sup>- 2<sup>nd</sup> Grade

Thursday July 17<sup>th</sup> 3<sup>rd</sup> - 4<sup>th</sup> Grade

Friday July 18<sup>th</sup> 5<sup>th</sup> - 6<sup>th</sup> Grade

Firehouse Park Basketball Court 10:00 A.M. - 12:00 P.M.

Come down to the basketball court to receive professional instruction by "The Way to Win" Team! Each two-hour session will stress basketball fundamentals and the 3 Golden Rules of Basketball: 1.) Have Fun! 2.) Give 100% 3.) Help a Teammate Be Successful! Bring your basketball, a water bottle, wear comfortable shoes and plan on an exciting two hours of basketball fun!

## Book Club

Thursday, July 17<sup>th</sup> 7:00 P.M.

Avalon Club House

*Please call Starlyn at 391-3366*

*or Barb at 392-7800 for more information.*

Attention All Bookworms! If you love to read and have an interest in a club such as this you won't want to miss out! This month we're reading *The Blind Assassin* by Margaret Atwood. You may bring snacks and/or wine.

## Scrapbooking Marathon—Bring a Friend!

Friday, July 18<sup>th</sup> 6:30 - 10:30 P.M.

Community Center

*Cost is \$3.00 per person. Please RSVP by July 17<sup>th</sup>.*

Creative memory consultant, Karmell, will be teaching us how to organize our photos and preserve the past to enhance the future! If you are a beginner or have been creating your memories for years, you will enjoy this evening with your neighbors. Bring your favorite photos and any scrapbooking tools you may have. There will be supplies available to use as well as purchase. Limited space available. Refreshments will be served.

## Highlands Wine Tasting Social Club

Saturday, July 19<sup>th</sup> 7:00 P.M.

Community Center

Entering into the world of wine alone can be an intimidating and expensive experience. Whether you're a wine connoisseur looking to share favorites and expand your palate, or a novice wondering where to start, come and join us for this fun and informal social wine sharing. Each person should bring one bottle of reasonable quality (but affordable) wine; either your favorite or something you're curious to try. Bread and snacks will be provided. Please visit <http://groups.msn.com/HighlandsWineTasting/> for more info and recommendations, or e-mail Jason Farnsworth ([zerojason@hotmail.com](mailto:zerojason@hotmail.com)) with questions.

## Take Time for You Seminar!

Thursday, July 22<sup>nd</sup> 7:00 - 8:30 P.M.

Community Center

Stress is the number one killer in the U.S.! Are you stressed? Are your days full of work and no play? Do you come home and wonder where to start? You want to eat healthy, you want to be healthy, but you never have the time! Well, now is your chance to make the time! Make the time for yourself! Life is meant to be lived! Your body is a complex machine that requires the right amount of care in order to survive! Join us tonight and learn important keys to your health. Share in the knowledge of Dr. Ladd Carlston D.C. of Total Body Wellness. Dr. Carlston will be focusing on the cause and effect of stress on your everyday life and on your overall Health.

## Highlands Comedy Night and Wine Tasting

Friday, July 25<sup>th</sup> 7:00 - 9:30 P.M.

Community Center

*Donation of \$15 per person or \$25 per couple*

*RSVP by July 22<sup>nd</sup>*

The Lighter Side of Wine Tasting...

Have you read the back of a Sauvignon Blanc bottle lately? "The nose of this wine is intense; exotic aromas of cantaloupe, lime, pineapple, and fresh-cut grass jump out of the glass." Do you know what this means? Come find out, as we taste wines in search of the cantaloupe undercurrent, and then take some time to laugh about wine tasting and life itself as we are entertained by four comics who are regulars at Seattle's Comedy Underground.

## Kids' Day in Ashland Park

Sunday, July 27<sup>th</sup> 3:00 - 5:00 P.M.

**Attention kids of all ages**—you won't want to miss this! The park will be filled with activities galore. D.A.R.E. will be here with educational information as well as fun. Eastside Fire and Rescue will be here with their fire truck for tours, inflatables, ice-cream, balloons and much, much more!

## Concert in the Park—Johnny Lewis Trio

Sunday, August 3<sup>rd</sup> 2:00 - 5:00 P.M.

Come on down to Ashland Park with your picnic baskets and dancing shoes to enjoy another hot summer concert. Today we will feature the *Johnny Lewis Trio*. A Jazzy combination of wit, humor and great music that will surely jazz up your weekend! There will be a special appearance by "Dance All Night," who will be teaching us a few dance steps. They will also give us a taste of their dance lessons that will be starting August 6<sup>th</sup> right here in Issaquah Highlands!

## In the works...

### Swing Dance Lessons

Wednesday evenings in August

Please call Sondi at 206-701-0344 for more information

### Atheism Discussion Group

Get together with neighbors to discuss atheism, agnosticism, the benefits of the separation of church and state, and other related issues. We can also tackle interesting issues such as how it's possible to be moral without religion or a belief in gods, heaven, or hell. For more information, please contact Matt at [matt727223@yahoo.com](mailto:matt727223@yahoo.com) or 703-4844.

**RSVP today!**  
**(206) 701-0344**

*The Issaquah Highlands Community Association would like to make sure all residents can participate in any event hosted for the enjoyment of the community. Frequently there is a fee or donation charge to help offset the costs of the event. If you are in need of financial assistance or a discount, please contact Sondi at the Community Center at 206-701-0344 and confidential arrangements will gladly be accommodated.*

## Construction Updates

### Roads paving and clearing activity:

- Preparations are being made for the final paving lift on Park Drive up to the reservoir at the BPA line.
- Raising of utilities and striping continues on Highlands Drive and Park Drive resulting in various traffic control measures during the work.
- Clearing activities are underway in Division 92, the North Park area.

### North Spar – Sunset Interchange:

Grand opening is scheduled for August 19<sup>th</sup>.

### Central Park:

City of Issaquah Parks Department's Gary Carlson presented a drawing to the Parks & Trails Committee showing the most recent updates to Central Park. The bidding process is underway for the construction of the road entrance and parking areas. Pad 1 would be developed first along with the fields in Pads 1 and 2. Pad 3 would be left open for more flexibility of use. Three restrooms facilities would be built, one at each pad location. A trailhead would also be constructed. Preparation of the grass fields would begin in July or August and be completed around October. The Parks Department advised the committee that Central Park development will proceed over time and as budget permits, however the park would be completed as shown in the plans.

### Puget Sound Energy Transmission Line:

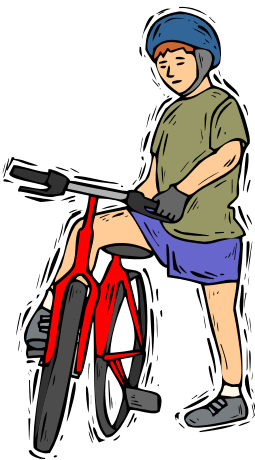
PSE is installing a new electric transmission line in their existing right of way to improve capability and reliability of electric service to Issaquah neighborhoods, particularly during storm events. Construction will occur from 7:00 A.M. – 7:00 P.M., Monday through Friday and 9:00 A.M. – 6:00 P.M. on Saturdays. During the month of June, PSE established staging areas for construction equipment and materials along the corridor route and began construction work on south side of I-90. In July, PSE will proceed on north side of I-90 through the Issaquah Highlands to Black Nugget Road.

### Welcome Phase II Residents:

“Build them and they will come.” This is just what has occurred at Stafford Homes Division 50 project located in Phase II south of Park Drive. These brightly colored cottage homes are selling faster than they can be built and there will be a total of 56 in this division. This neighborhood will enjoy shared greens as their front yards will also serve as recreation and neighborhood gathering areas. Please make a point of welcoming the newcomers as you walk through their neighborhood.

## Summer Bicycle Safety Tips

1. Always wear a helmet.
2. Stop and check traffic before entering a street.
3. Don't ride at night.
4. Obey traffic signs and signals, and follow the same “rules of the road” as cars.
5. Ride on the right-hand side (with traffic).
6. Before you start out, check your brakes.
7. Give pedestrians the right-of-way.
8. Wear light or bright clothing so you can be seen.
9. Be extra careful making left turns.
10. Avoid broken pavement, loose gravel, and leaves. They can make you lose control.



## 4<sup>th</sup> of July Celebration Downtown, then back to Issaquah Highlands!

Take your family to downtown Issaquah for a celebration of freedom. The festivities kick-off with the Kids 'n' Pets parade. The parade starts at 11 a.m. and highlights hundreds of kids as they march down Front Street to Memorial Field. Parade participants are encouraged to dress up their bikes, wagons and pets and bring along some festive tunes and candy to entertain the crowds. The fun continues with old-fashioned games and prizes, food, live entertainment, arts and craft vendors and the Sky High Rummage Sale.

When you are finished with the fun in downtown bring your family back to your community and enjoy the Issaquah Highlands 4<sup>th</sup> of July Celebration! The fun begins at 1:30 with our own Kids and Pets Parade in Ashland Park. Kids, decorate those bikes, wagons, pets and anything else you may want to include and be ready to parade your stuff!

Following the parade rock to the classic rock 'n' roll sounds of “2nd Chance”. The Party Wagon will be on site with old-fashioned BBQ'd hot dogs and hamburgers, chips, drinks and ice cream! Plan on a fun-filled afternoon with your friends and neighbors in Issaquah Highlands!

## Check Out Our Services...

The Community Center now offers a variety of services to our residents. Call 427-8736 or stop by for more information.

- ★ Discount Movie Tickets to Any Regal Cinema
- ★ Notary Public Services - Oscar Kelley, Notary
- ★ Limited Postage Stamp Purchase
- ★ Fax Sending and Receiving
- ★ Dry Cleaning Pick-Up/Delivery - Stone Dry Cleaners
- ★ Limited Photocopying - 10 cents a sheet
- ★ Issaquah Press newspaper stand

★ And don't forget the Block Party Wagon for your summer party!



The Issaquah Highlands Block Party Wagon is available to residents and stocked with everything from games and karaoke, to paper plates and napkins, to tables, canopy, first aid kit, and even the barbecue. Whether it's your child's birthday, your family reunion, or a block party with your neighbors, check out the Block Party Wagon and all you'll have left to do is relax and have some fun! To reserve the Party Wagon, contact Sondi at 206-701-0344 or [slind@portblakely.com](mailto:slind@portblakely.com).



**Sunday**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Saturday**

**Calendar of Events  
July 2003**

RSVP today! (206) 701-0344

<p>6</p>	<p>Yoga 7:30 - 8:45 a.m. Mommy &amp; Me Issaq Ctr 10:00 - 11:45 a.m. Spiritual Discussion Group 6:30 p.m. Bunko 7:00 p.m.</p>	<p>Children's Story Time 12:00 p.m. Parks &amp; Trails Committee 6:30 - 8:00 p.m.</p>	<p>Basketball 6:30 p.m.</p>	<p>Mommy &amp; Me Playgroup 10:30 a.m. - 12:30 p.m. Eat Cheap &amp; Eat Right 7:00 - 8:30 p.m.</p>	<p>Mommy &amp; Me Issaq Comm Center 10:00 - 11:45 a.m.</p>	<p>Free Overview to Yoga 9:00 - 10:30 a.m. Mommy &amp; Me BBQ 4:30 p.m. An Evening with Washington Wine 7:30 p.m.</p>
<p>13</p>	<p>Yoga 7:30 - 8:45 a.m. Mommy &amp; Me Issaq Ctr 10:00 - 11:45 a.m. CDC Meeting 11:00 a.m. - 1:00 p.m. Aquatic Center 6:30 - 8:00 p.m.</p>	<p>Children's Story Time 12:00 p.m. Pottery Class 6:30 - 8:00 p.m. Spa Party 7:00 p.m.</p>	<p>Kids Basketball Clinic 10:00 a.m. - 12:00 p.m. Basketball 6:30 p.m.</p>	<p>Kids Basketball Clinic 10:00 a.m. - 12:00 p.m. Mommy &amp; Me Playgroup 10:30 a.m. - 12:30 p.m. IH Board of Directors 5:30 - 6:30 p.m. Book Club</p>	<p>Kids Basketball Clinic 10:00 a.m. - 12:00 p.m. Mommy &amp; Me Issaq Comm Center 10:00 - 11:45 a.m. Scrapbooking 6:30 - 10:30 p.m.</p>	<p>Investment Club 8:00 a.m. Highlands Wine Tasting Social Club 7:00 p.m.</p>
<p>20</p>	<p>Yoga 7:30 - 8:45 a.m. Mommy &amp; Me Issaq Comm Center 10:00 - 11:45 a.m. Pets 'n' Pals Committee 6:30 - 8:00 p.m.</p>	<p>Children's Story Time 12:00 p.m. Take Time for You Seminar 7:00 - 8:30 p.m.</p>	<p>Basketball 6:30 p.m.</p>	<p>Mommy &amp; Me Playgroup 10:30 a.m. - 12:30 p.m. Cottages BOD 6:30 - 8:00 p.m.</p>	<p>Mommy &amp; Me Issaq Comm Center 10:00 - 11:45 a.m. Comedy Night and Wine Tasting 7:00 - 9:30 p.m.</p>	<p>Investment Club 8:00 a.m. Highlands Wine Tasting Social Club 7:00 p.m.</p>
<p>27</p> <p>Kids Day in Ashland Park 3:00 - 5:00 p.m.</p>	<p>Yoga 7:30 - 8:45 a.m. Mommy &amp; Me Issaq Comm Center 10:00 - 11:45 a.m. Communications Committee 6:30 - 8:00 p.m.</p>	<p>Children's Story Time 12:00 p.m. Pottery Class 6:30 - 8:00 p.m.</p>	<p>Basketball 6:30 p.m.</p>	<p>Mommy &amp; Me Playgroup 10:30 a.m. - 12:30 p.m.</p>	<p>Mommy &amp; Me Issaq Comm Center 10:00 - 11:45 a.m.</p>	<p>(Sunday 8/3 Concert in the Park 2:00 - 5:00 p.m.)</p>

## *Judy Harris Welcomed as Community Information Agent*



Judy Harris has joined the Issaquah Highlands staff as our new Community Information Agent. Judy brings a wealth of experience since she has worked in sales and marketing, and has dealt with “at-risk” youth in the Issaquah School District. She and her husband Bill have lived in Issaquah Highlands for the past three years. She loves the community and she and Bill have been involved in many activities since moving here.

Her main responsibility will be sharing her experiences of living at Issaquah Highlands with potential homebuyers. She will share the community DVD, newsletter and help direct them to the builders’ model homes. As the Community Center is a very busy place, she will be involved in helping the Issaquah Highlands’ team with all the different aspects of keeping the community running smoothly.

Bill and Judy have four grown children. Tony and Matt are married, and her twins Molly and Andy graduated last year from the U. They have a dog named Oliver that enjoys walking with them at Issaquah Highlands and she enjoys reading best sellers.

Please join us in welcoming Judy. We are happy to have her on our team.

## *Your Neighbors Star in DVD!*

“Your Place in the World” is the theme of a new DVD featuring video cuts of Issaquah Highlands people talking about their community. A six-minute feature presentation offers an overview of life at Issaquah Highlands to people who may be considering moving here. In addition, 33 mini-movies cover topics ranging from Mommy and Me groups to parks and trails. We encourage you to stop by the new Community Center to view the DVD presentation in High Definition on a brand new 40-inch plasma screen. If you have a friend or relative you would like to consider living at Issaquah Highlands, see Oscar about a copy of the DVD you could give to them.

## *Relay For Life—A Special Thanks!*

Thanks to the Issaquah Highlands Relay for Life Team for participating in this very special event. The team raised over \$3,200. Thanks to Jeff and Ginny Fitch, our team captains, for all the time and effort you put in to organizing and feeding our team. Next year we plan on having another team, maybe two. Start planning and fundraising now. It’s never too soon!



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